



Le tour du lac d'Annecy par les Montagnes

Du 24 au 26 Mai 2019

Following the race and Press transport  
Saturday 25 May 2019

ULTRA RACE

- 23:30 pm Meet at the Ultra Race starting line, plage d'Albigny, Annecy- le-Vieux  
0:00 am **Start of the Ultra Race**

ULTRA RACE & MAXI RACE

- 3:00 am Meet at the starting line, plage d'Albigny, Annecy- le-Vieux  
3:30 am **Start of the 9<sup>th</sup> MaXi Race**  
Meet at the bus parked in the organisers' car park opposite the MaXi-Village  
Departure for Semnoz / first refreshment point **arrival of first runners around 6:00 am**
- 4.15 am **Coffee and croissants at the Alpes Bivouac village at Semnoz**  
5:15 am 10 min walk to Semnoz summit (1699 m). View with sunrise and refreshment point
- 06:45 am Departure for Doussard refreshment point, arrival **of first runners from Ultra Race and MaXi Race around 7:30 am**
- 8:00 am Departure for col de la Forclaz-de Montmin, (1157m) and the chalets de l'Aulp  
9.00 am Arrival at Chalets de l'Aulp. 10-15 min walk towards col des Nantets, first runners around 8:30/9:00  
Several options to see the runners from above or from below, amount of walking varies
- 10.30 am Return to col de la Forclaz: photos of the runners at the end of the track  
11.30 am **Arrival at Annecy to see the finishers (12:00am first men and 1:00 pm first ladies)**  
**Arrival ULTRA RACE 2:00 pm/3:00pm**
- 4 pm Departure for mont Veyrier -Mont Baron (1299 m), via Creux du Loup car park.  
45 min walk to the summit, against the direction of the race (with a guide)  
At the summit, photos of the ridgelines and the lake below.  
Photos of the group

Photos of lake pontons

5pm

Arrival at summit, late afternoon at the top. Sun set

Free descent with the runners or by road from 6pm to 11pm

### Alternative options:

with more walking and exceptional views, but which miss out other points.

- Doussard to Combe d'Ire
- St Eustache to montagne du Charbon

